



## **Impeesa Summer Camps Summer 2019**

### **Camper & Parent Information**

#### ***Welcome***

Thank you for choosing Scouts Canada – Chinook Council as your summer camping activity. Scouting is the world’s largest youth movement. Our summer programs are designed around educational principles that our movement has developed during the past 107 years. Campers learn by doing, working in small groups and on individual tasks; and they are challenged to do their best while trying new activities.

#### ***Camp Impeesa***

Camp Impeesa is one of Canada’s premier Scout Camps. It’s location in the foothills of Alberta’s Rocky mountains, 30 minutes from Pincher Creek in the Castle Special Area Wilderness gives it access to countless kilometers of trails for exploring and, “our mountain” – Table Mountain, is a challenge that just about every youth will want to climb.

**Camp Impeesa’s office and emergency contact number is 402-627-4805.**  
[www.campimpeesa.ca](http://www.campimpeesa.ca)

From our homepage, parents can scroll down to see live information regarding bus delays, weather concerns, and all other immediate camper concerns.

#### ***Expectations and Activities***

A week at summer camp is an experience of a lifetime and with that come expectations from the camper, their parents, and the camp. We strive to provide a wide variety of program opportunities for our campers at Impeesa so it is important to discuss, as camper and parent, the key goals you want to achieve at summer camp what you expect your session to be like. Each camper will have a different and individual experience from another and we recommend having an open mind and being flexible.

With a wide number of activities available, campers can expect to participate in a selected number and will not be able to try all during their 6 day session. Certain activities have participant restrictions based on a number of factors which could include age, weight, equipment availability, time, and adverse weather conditions. For a number of our programs, Campers will decide as a tent group which activities they will participate in together.

We know that campers of all levels want to experience all that camp has to offer and we want campers to return excited to try new things each summer. For our Scouts, as part of the Canadian Path program we see our camper's progress and build experiences as they continue to grow in the Scouting program.

Please take a look at our camp webpage where you can find detailed information regarding any specific activity in our Trail Cards section.

A note about overnights: One optional activity at Impeesa is an opportunity to sleep out on an Overnight Adventure. For our youngest campers this is done on camp property itself and is usually as simple as a night under the stars experience.

For our older campers, this is a journey into the wilderness area near or just outside the camp property. As this is one of our choice activities, we allow the youth in two tent groups decide if they would like to participate in an overnight experience. Not all campers may get a chance to go on an overnight most likely due to the decision of their tent group, severe weather condition, or not having the proper clothing or equipment. For those youth keen on a backcountry experience check out our Backpacking Adventure specialty program, information available on our webpage.

### **Camp Forms**

Camp Forms must be completed and sent directly to the camp by emailing to [bedwards@scouts.ca](mailto:bedwards@scouts.ca) or mailed to Camp Impeesa, PO Box 3040, Pincher Creek, AB, T0K 1W0. **Camp Forms must be received at least two weeks before your child arrives at camp.**

- Camp Impeesa Medical Information & Medication Permission Card
- Camp Impeesa Personal Development Requirements (optional)
- Parent/Guardian Consent Form

### **Transportation**

All campers have the option to travel to/from Camp Impeesa on a bus departing from the Calgary Scout Centre (office and Scout Shop) with a stop in High River and Fort Macleod each week of summer camp. There is a separate fee for the bus. Please note that this is a roundtrip fee and there will not be a refund for travel one way.

The driving distance from Calgary to Camp Impeesa is approximately 2 hours and 30 minutes, from Lethbridge 1 hour and 30 minutes.

Maps showing the camp location and driving routes can be found on the Camp Impeesa website at <http://campimpeesa.ca/contact.html#location>.

**Going to Camp – BUS SERVICE leaving on the first day of summer camp; Sunday**

Bus runs weekly for Calgary / High River / Fort Macleod

What if I miss the bus? If you are running late and miss the bus for your location you can try to meet the bus at the next stop or you will have to drive to camp to drop off your camper. The camp and the bus service is not responsible for late arrivals and will not hold the bus. Please plan ahead and arrive a little bit early on your session's departure day.

### Calgary

Where: Calgary Scout Centre – 2140 Brownsea Drive NW, Calgary

Time: 11:40 AM for check in. The bus will depart at 12:00 PM sharp.

A camp staff member must talk to the parent dropping off the youth. They will confirm the youth is scheduled for the correct camp week and if the youth has any medications or other special instructions for the youth. Please be on time to allow for check in and loading of the bus to go smoothly. Parent should help with loading of youth baggage.

### High River

Where: Heritage Inn at 1104 11 Avenue SE, High River

Time: The Bus is estimated to arrive at 1:00 PM on Sunday. Please make sure you arrive 15-20 minutes early. Traffic, weather, road conditions could change the times slightly.

A camp staff member must talk to the parent dropping off the youth. They will confirm the youth is scheduled for the correct camp week and if the youth has any medications or other special instructions for the youth. Please be on time to allow for check in and loading of the bus to go smoothly. Parent should help with loading of youth baggage.

### Fort Macleod

Where: LDS Church at 643 20<sup>th</sup> Street, Fort Macleod

Time: The bus is estimated to arrive at 2:00 PM on Sunday. Please make sure you arrive 15-20 minutes early. Traffic, weather, road conditions could change the times slightly.

A camp staff member must talk to the parent dropping off the youth. They will confirm the youth is scheduled for the correct camp week and if the youth has any medications or other special instructions for the youth. Please be on time to allow for check in and loading of the bus to go smoothly. Parent should help with loading of youth baggage.

Parents should provide a small and easy snack for the bus ride to Camp Impeesa. This snack must be NUT FREE. Dinner will be served once campers arrive at camp around 5:00 PM.

### **Parents Driving To/From Camp**

We ask that youth arrive at camp on Sunday evening at 4:00 PM. Please DO NOT arrive any earlier as camp staff will not be available to supervise youth before 4:00 PM.

If you are going to be picking up youth from camp please plan to do so on Friday at 2:00 PM. Please arrive on time as the camp staff need to prepare for the next weeks camp.

When you arrive at camp please drive through the camp gates and stay to the left to park in our main parking lot. You will be greeted by one of our camp staff for check in.

Maps showing the camp location and driving routes can be found on the Camp Impeesa website at <http://campimpeesa.ca/contact.html#location>.

### **Departure from Camp – BUS SERVICE leaving on the last day of summer camp; Friday**

Pick up locations are the SAME as the drop off locations for Fort Macleod, High River, and Calgary. See above for details.

Time: Campers will depart Camp Impeesa on Friday at 2:00 PM.

**Fort Macleod** – For those picking up in Fort Macleod, the bus is estimated to arrive at 3:30 PM on Friday. Please make sure you arrive early to pick up youth as the bus must continue on to Calgary.

**High River** – For those picking up in High River, the bus is estimated to arrive at 4:30 PM on Friday. Please make sure you arrive early to pick up youth as the bus must continue on to Calgary.

**Calgary** – For those picking up in Calgary, the bus is estimated to arrive at 5:00-5:30 PM on Friday. Parents MUST arrive between 4:45-5:15 PM to pick up their youth. If you are going to be late you must make arrangements for your youth to be picked up by an approved parent.

Camp updates including bus information/delays can be found on the Camp Impeesa website at [www.campimpeesa.ca](http://www.campimpeesa.ca); scroll down.

**Bus Delays** – It is important to note that delays do happen sometimes due to a number of factors; weather, traffic. We appreciate your understanding.

### **Camper Emotional Well Being**

Rules, regulations, and procedures of camp will be discussed with all campers on the first evening of camp. Expectations for the week will be set out for campers to understand how we can make their stay at camp enjoyable and safe. Appropriate behaviors are always encouraged. Bullying and any other ongoing inappropriate or unsafe behavior will not be tolerated at camp. These types of actions do not encourage a safe and positive environment for campers. If this were to occur, parents would be called and made aware of the behavior and we would work together to resolve the issue. The camp director reserves the right to dismiss any camper who continually displays disruptive, unsafe or harmful behavior. It is the parent's full responsibility to arrange transportation and pick up from camp for a camper who has been dismissed. We encourage parents to complete our 'Personal Development Requirements' form if you feel you can provide detailed information regarding your camper's daily routines and behaviors. You can find this form when you register your child for summer camp, on our webpage, or by contacting the Calgary Scout Centre at [prairies@scouts.ca](mailto:prairies@scouts.ca). Please check our Parent FAQ section of our webpage for further information.

## ***Camper Accommodation & Requests***

All of our campers will sleep in a large prospector, canvas wall style tent with a solid floor and covered metal roof. These are shared spaces and your camper will be assigned with other youth of similar age and gender. We are happy to make accommodation for those with any requested gender identity needs, please reach out to our camp manager at [bedwards@scouts.ca](mailto:bedwards@scouts.ca). We will be firm with camper ages so siblings and friends must sleep within their age groups. As for supervision, one thing that makes Impeesa unique is that our camp counselors do not sleep directly with campers in their tents. Counselors stay in their own shared wall tent within and close to camper's tent village. On the first night of camp, each tent will review with their counselors where they sleep and how to reach them during the night. This type of experience adds to our campers growth and independence while at camp.

## ***Camper Dietary Requirements***

Meal time at camp is one of our favourite parts of the day. We serve home-cooked, buffet style meals throughout the summer from our commercial kitchen and dining hall. Campers can expect a variety of meal options especially at breakfast with both hot and cold options available. If your camper requires any specific dietary needs we are happy to try to accommodate as long as we have prior notice (at least two weeks before your camper arrives). Please indicate any dietary requirements on the 'Camp Impeesa Medical Information' form. You can find this form when you register your child for summer camp, on our webpage, or by contacting the Calgary Scout Centre at [prairies@scouts.ca](mailto:prairies@scouts.ca).

## ***Medication – Important***

If your camper requires any medication (prescription or OTC – Over the Counter) while at camp, please complete the 'Medication Permission Card' for each medication you are providing for your youth. You can find this form when you register your child for summer camp, on our webpage, or by contacting the Calgary Scout Centre at [prairies@scouts.ca](mailto:prairies@scouts.ca). Put all medication, in original packaging, and 'Medication Permission Card' for each item in one zip lock bag labelled with your child's name. This MUST be given to staff conducting check-in at the bus or at camp. Camp staff will not help administer any medication without a 'Medication Permission Card'. Campers who are feeling unwell at camp will be able to call home to speak with a parent if need be.

## ***Camper Photographs***

During the week of summer camp we will capture memories of the campers through photographs. If you do not wish for your child's photograph to be taken please indicate this when registering your child for summer camp. We will try our best to post photos of the summer camp experience daily on our Flickr account. If you do not see your child in a photo, do not panic, it may be that we just did not get the best opportunity to capture them in action. Internet at camp can be slow at times so it may take us a few days to upload. Thank you for your patience. You can find the Camp Impeesa summer camp photos by going to [www.flickr.com/photos/chinookcamps](http://www.flickr.com/photos/chinookcamps).

## ***Lost & Found Items***

Helps us by labelling all items with your child's name (first and last). Any camper items left at camp will be collected. We will contact parents for items that are clearly labelled. Any unclaimed items will be sent to the Calgary Scout Centre and held until September 7<sup>th</sup> and donated after that date. We will not keep lost socks or under garments. Please remember the camp will not be responsible for any items including electronics and cameras. Help your camper by preparing them prior to camp about how to keep track of their items during the week.

### ***Camper Progression and the Canadian Path***

Most of the activities at camp are centered on the Scouting program with a focus on specific Outdoor Adventure Skills levels. At the end of the week, a letter outlining those completed skills will be uploaded to the camp webpage where you can download and print for your scouter to receive credit for work done. We encourage parents to speak with their camper and Scouters to update which skills they have already completed and which ones they think they would be able to work towards while at camp.

### ***Personal Snacks***

Please DO NOT send any candy, chips, gum or other food items. Impeesa is in bear country and these items only invite forest critters to visit the campsites. Nutritious meals are provided at appropriate times during the day. Any special dietary food items that must be sent should be indicated on the 'Camp Impeesa Medical Information' form and labeled so our kitchen staff can provide those items at the required times.

### ***Equipment***

For our youngest campers, please limit baggage to two large duffel bags or similar, preferably one duffel bag and one small day pack. Space on the camp bus is limited. See the attached equipment packing list.

For our older campers, please pack all items in an appropriately fitted backpack. Campers must be able to carry this comfortably by themselves. Please limit baggage to one backpack and if needed a small duffel bag or similar. Space on the camp bus is limited. See the attached equipment packing list.

### ***Equipment Packing List***

ALL baggage and personal items should be marked with the camper's name. Do not pack equipment in plastic garbage bags; it will not make it to camp intact and will not work well for backpacking. We recommend that campers bring old clothes to camp.

Parents/guardians please do a pre-camp pack check with your youth to ensure all items from the equipment list are included. This list is the minimum required. It is very important to bring a raincoat, waterproof footwear, and a warm sweater or windbreaker.

A good backpack with a padded hip belt and a good pair of light hiking boots or sturdy footwear are essential for our older campers who possibly could participate in an overnight experience.

We are not responsible for any equipment that goes missing or gets broken at camp. Please contact the Calgary Scout Centre at [prairies@scouts.ca](mailto:prairies@scouts.ca) or 403-283-4993 x1 to inquire about lost & found items.

Please leave cell phones at home as cell phone service is not available at camp. Parent communications with the camp can be done via our camp office phone at 403-627-4805 or email [bedwards@scouts.ca](mailto:bedwards@scouts.ca).

For Scouting youth, uniforms may be worn to/from camp. Campers will be provided with a camp neckerchief and t-shirt.

## Equipment Packing List for Summer Camp Campers

- **Do NOT send equipment in garbage bags**
- **All articles are to be labelled with camper's full name.**
- **Remember this list is a guideline and up to parents discretion and decision on what is sent to camp**

<b>Bedding</b>	
	Sleeping Bag, mid – season recommended, not a summer bag
	Campfire Blanket (optional)
	Sleeping Pad, preferably no open foam, tents have wooden floors – All Campers
	Pillow (optional)
<b>Clothing – Please send old clothes to camp</b>	
	4 Pairs of shorts
	3 Pairs of long pants
	2 Warm sweatshirts and/or windbreaker
	7 T-shirts
	7 Pairs of socks
	7 Underwear
	1 Pyjamas
	1 Swim suit
	1 Raincoat and Pants, NO PONCHOS
	Waterproof footwear – rubber boots
	1 old pair running shoes
	1 pair of light hiking boots
	2 hats or caps – wide rimmed best
<b>Toilet Articles – please send in one small toiletry type bag</b>	
	2 beach towels for showering & waterfront, face cloth or washcloth
	Toothbrush in container, toothpaste, deodorant (stick not spray)
	Soap or body wash & shampoo in containers
	Comb or hairbrush
<b>Miscellaneous</b>	
	Backpacking backpack – essential for campers 11 – 17 years – recommend between 45 to 60 litre size
	Duffel bag for equipment not going on overnight experience
	Day Pack – school bag type pack – for day hikes and around camp
	Water bottle – at least one and clearly labelled
	Flashlight or headlamp preferred
	Insect repellent
	Sun screen and sunglasses, lip balm
	Mess Kit - Plate, bowl, cup, knife, fork, spoon, mesh bag – older campers ONLY (11 – 17 year olds)
	Camera – not an expensive one, extra batteries (optional)
	Plastic bags for dirty laundry
	Compass, optional
	Pocket knife, older campers who have earned their knife permit ONLY (scouts and venturers 11 – 17 years old)